

ACTION TAKEN REPORT

Event Overview

On **November 16, 2022**, the National Service Scheme (NSS) Unit I and Unit II of S. Kula Women's College, Nambol, conducted a **Cleanliness Drive and Health & Nutrition Programme** in the adopted village of NSS Unit II (**Nambol Kongkham Mayai Leikai**.) The initiative was aimed at fostering community engagement and raising awareness about sanitation and well-being.

Activities Undertaken

The event was divided into two main components:

1. **Cleanliness Drive:** The NSS volunteers actively participated in a cleanliness drive, sweeping roads, clearing drains, and collecting waste to ensure the village's sanitation. The drive promoted a sense of shared responsibility and hygiene among the community members. The volunteers, equipped with brooms and bags, worked together to clean the public areas, demonstrating the importance of maintaining a clean environment.
2. **Health & Nutrition Programme:** Following the cleanliness drive, a dedicated session was held to educate the villagers on essential health and nutrition practices. Topics covered included the importance of a **balanced diet**, personal hygiene, and **preventive healthcare** measures to avoid common illnesses. The session was interactive, allowing community members to ask questions and share their concerns, thereby ensuring the information was relevant and impactful.

Conclusion

The collaborative effort of NSS Unit I and Unit II volunteers successfully highlighted the importance of a clean environment and healthy living. The event not only improved the physical surroundings of the adopted village but also empowered the community with valuable knowledge on maintaining a healthy lifestyle. The programme was well-received by the villagers and served as a model for future community-based initiatives.

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