

# Invitation



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The Organising Committee  
**S. KULA WOMEN'S COLLEGE**  
Kongkhampat, Nambol, Manipur  
*Cordially request the pleasure of your kind presence on*  
**One Day Sensitization Programme on  
Life Skills & Mind Management**

At the conference Hall

**The 4<sup>th</sup> June, 2022**

At 11.00 a.m Sharp

*Organized by:*

IQAC & Department of Sociology,  
S. Kula Women's College, Nambol, Manipur in  
collaboration with Art of Living,  
Manipur Chapter, Imphal, Manipur.

**Shri S. Chandrakumar Singh**

*Former Principal,  
S. Kula Women's College, Nambol*

**Laishram Dixon,**

Sr. Faculty Member, Art of Living

**Rajaque Rahman**

Sr. Faculty Member, Art of Living

**Dr. S. Bhogendra Singh**

*Asst. Professor & Head, Department of Sociology  
S. Kula Women's College, Nambol, Manipur.*

**Dr. W. Robindro Singh**

*Principal,  
S. Kula Women's College, Nambol*

*Have kindly consented to grace the function as Chief  
Guest, Guests of Honour and President Respectively*

R.S.V.P.

Programme overleaf

## PROGRAMME

**10:50 am.**

- Assemble of participants

**10:55 am.**

- Arrival of VIP  
VIPs take chairs  
Presentation of Leng-yan

**Welcome  
address**

- **Ch. Ritu Devi**  
**Asst. Prof, Department of  
Home Science**

**Key note  
Speech**

- **Lighting Inaugural Lamp**  
- **Laishram Dixon**  
Sr. Faculty Member,  
Art of Living

**11:30**

Speech by Guests of Honour  
Speech by Chief Guest  
Speech by president

**Vote of thanks**

- **T. Joymala Devi, Asst Prof.**  
**Department of Geology**

**Meditation  
Demonstration**  
12.20 – 12.30

**Rajaque Rahman**  
Sr. Faculty Member,  
Art of Living

## INTERACTION

### Light Refreshment

**Anchor – Ak. Sandyarani Devi**  
**Asst. Professor, Department of Geography**