

### S. Kula Women's College

3.3.3 Number of extension and outreach programs conducted by the institution through NSS/NCC/Red cross/YRC etc., ( including the programmes such as Swachh Bharat, AIDS awareness, Gender issues etc. and/or those organised in collaboration with industry, community and NGOs ) during the last five years.

3.3.4 Average percentage of students participating in extension activities at 3.3.3. above during last five years

2015-16					
Name of the activity	Organising unit/ agency/ collaborating agency	Name of the scheme	Year of the activity	Number of students participated in such activities	Link to the Document
<a href="#">International Day of Yoga Day Observation</a>	NSS Unit I and II		21st June 2015	45	<a href="https://skwomenscollege.ac.in/wp-content/uploads/2021/09/Report-on-1st-International-Yoga-Day-21-June-2015.pdf">https://skwomenscollege.ac.in/wp-content/uploads/2021/09/Report-on-1st-International-Yoga-Day-21-June-2015.pdf</a>
<a href="#">Swachh Bharat Abhiyan Observation</a>	NSS Unit I and II	Swachh Bharat	22 <sup>nd</sup> - 26 <sup>th</sup> June 2015	32	<a href="https://skwomenscollege.ac.in/wp-content/uploads/2021/09/Swachh-Bharat-Abhiyan-Observation-22-26-June-2015.pdf">https://skwomenscollege.ac.in/wp-content/uploads/2021/09/Swachh-Bharat-Abhiyan-Observation-22-26-June-2015.pdf</a>
<a href="#">One-day NSS Regular Camp</a>	NSS Unit I and II		26th June 2015	32	<a href="https://skwomenscollege.ac.in/wp-content/uploads/2021/09/One-Day-NSS-Regular-Camp-26-June-2015.pdf">https://skwomenscollege.ac.in/wp-content/uploads/2021/09/One-Day-NSS-Regular-Camp-26-June-2015.pdf</a>
<a href="#">7-Day NSS Special Camp on Health, Sanitation and Personal Hygiene</a>	NSS Unit-I	7-Day NSS Special Camp	2nd to 8th November 2015	100	<a href="https://skwomenscollege.ac.in/wp-content/uploads/2021/09/7-Day-NSS-Special-Camping-Program-Nov-2015.pdf">https://skwomenscollege.ac.in/wp-content/uploads/2021/09/7-Day-NSS-Special-Camping-Program-Nov-2015.pdf</a>
<a href="#">1st Constitution Day Observance</a>	NSS Unit-II		26th November 2015	43	<a href="https://skwomenscollege.ac.in/wp-content/uploads/2021/09/A-report-on-OBSERVANCE-OF-1st-CONSTITUTION-DAY-2015.pdf">https://skwomenscollege.ac.in/wp-content/uploads/2021/09/A-report-on-OBSERVANCE-OF-1st-CONSTITUTION-DAY-2015.pdf</a>

<a href="#">Disaster Awareness Programme</a>	NSS Unit-I and Unit-II in collaboration with Shri Sathya Sai Seva Organisation, Manipur		20th February 2016	66	<a href="https://skwomenscollege.ac.in/wp-content/uploads/2021/09/Disaster-management-Program-Feb-2016.pdf">https://skwomenscollege.ac.in/wp-content/uploads/2021/09/Disaster-management-Program-Feb-2016.pdf</a>
<a href="#">International Women's Day 2016' at the conference hall of the college under the theme of "Planet 50-50 by 2030: Step It Up for Gender Equality"</a>	Women's Studies Centre, S. Kula Women's College		8th March 2016	65	<a href="https://skwomenscollege.ac.in/wp-content/uploads/2021/09/A-report-on-the-observance-on-International-Women-8-March-2016.pdf">https://skwomenscollege.ac.in/wp-content/uploads/2021/09/A-report-on-the-observance-on-International-Women-8-March-2016.pdf</a>

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3.3.4 Average percentage of students participating in extension activities at 3.3.3. above during last five years					
2016-17					
Name of the activity	Organising unit/ agency/ collaborating agency	Name of the scheme	Year of the activity	Number of students participated in such activities	Link to the Document
<a href="#">Yadh Karo Kurubani "Azadi 70 Independence 70"</a>	NSS Unit I & II		23rd August 2016	49	<a href="https://skwomenscollege.ac.in/wp-content/uploads/2021/09/Yadh-Karo-Kurubani-Aug-2016.pdf">https://skwomenscollege.ac.in/wp-content/uploads/2021/09/Yadh-Karo-Kurubani-Aug-2016.pdf</a>
<a href="#">NSS special camp under the theme of "Youths for Pollution Free"</a>	NSS Unit -I	Swachh Bharat	10th-16th September 2016	63	<a href="https://skwomenscollege.ac.in/wp-content/uploads/2021/09/NSS-Special-Camp-Sept-2016.pdf">https://skwomenscollege.ac.in/wp-content/uploads/2021/09/NSS-Special-Camp-Sept-2016.pdf</a>
Organized a Campaign Programme on "EVM Familiarization"	NSS Unit I & II with Election Dept, Manipur		18 <sup>th</sup> January, 2017	92	<a href="https://skwomenscollege.ac.in/wp-content/uploads/2021/09/EVM-Familiarization-Jan-2017.pdf">https://skwomenscollege.ac.in/wp-content/uploads/2021/09/EVM-Familiarization-Jan-2017.pdf</a>
<a href="#">One-day Outreach Programme on Women and legal protection in Manipur (held at Jiribam)</a>	Women's Studies Centre, SKWC	Outreach Program	17th May 2017	10	<a href="https://skwomenscollege.ac.in/wp-content/uploads/2021/12/One-day-Outreach-Programme-on-Women-and-legal-protection-in-Manipur-held-at-Jiribam-May-2017.pdf">https://skwomenscollege.ac.in/wp-content/uploads/2021/12/One-day-Outreach-Programme-on-Women-and-legal-protection-in-Manipur-held-at-Jiribam-May-2017.pdf</a>

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2017-18

Name of the activity	Organising unit/ agency/ collaborating agency	Name of the scheme	Year of the activity	Number of students participated in such activities	Link to the Document
<a href="#">Swachhta Pakhwada Fortnight</a>	NSS Unit I & II		1 to 15 August 2017	86	<a href="https://skwomenscollege.ac.in/wp-content/uploads/2021/12/Swachhta-Pakhwada-Fortnight-1-15-Aug-2017-1.pdf">https://skwomenscollege.ac.in/wp-content/uploads/2021/12/Swachhta-Pakhwada-Fortnight-1-15-Aug-2017-1.pdf</a>
<a href="#">Nationwide Competition on Legal Rights of Women</a>	Women's Studies Centre, Sponsored by National Commission for Women, New Delhi		11 Nov. 2017	80	<a href="https://skwomenscollege.ac.in/wp-content/uploads/2021/09/Nationwide-Competition-on-Legal-Rights-of-Women-11-Nov-2017.pdf">https://skwomenscollege.ac.in/wp-content/uploads/2021/09/Nationwide-Competition-on-Legal-Rights-of-Women-11-Nov-2017.pdf</a>
Self Defence Training	NSS Unit-I and NSS Unit-II in Collaboration with Hula Sindam Sang, Manipur		7th-16th November 2017	64	<a href="https://skwomenscollege.ac.in/wp-content/uploads/2021/09/Self-Defence-Training-Nov-2017.pdf">https://skwomenscollege.ac.in/wp-content/uploads/2021/09/Self-Defence-Training-Nov-2017.pdf</a>
Matri bhasha Diwas	NSS Unit-I and NSS Unit-II		<b>21<sup>st</sup> February, 2018</b>	57	<a href="https://skwomenscollege.ac.in/wp-content/uploads/2021/09/Matribhasa-Diwas-Feb-2018-.pdf">https://skwomenscollege.ac.in/wp-content/uploads/2021/09/Matribhasa-Diwas-Feb-2018-.pdf</a>

<a href="#">International Women's Day Observation, "Balance For Better"</a>	Women's Studies Centre, SKWC		8 <sup>th</sup> March, 2018	24	<a href="https://skwomenscollege.ac.in/wp-content/uploads/2021/12/Observeance-of-International-Women-1.pdf">https://skwomenscollege.ac.in/wp-content/uploads/2021/12/Observeance-of-International-Women-1.pdf</a>
<a href="#">Swachh Bharat Summer Internship Programme</a>	NSS Unit-I and NSS Unit-II	Swachh Bharat	15th May 2018	100	<a href="https://skwomenscollege.ac.in/wp-content/uploads/2021/09/Swachh-Bharat-Internship-Program-May-2018.pdf">https://skwomenscollege.ac.in/wp-content/uploads/2021/09/Swachh-Bharat-Internship-Program-May-2018.pdf</a>

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2018-19

Name of the activity	Organising unit/ agency/ collaborating agency	Name of the scheme	Year of the activity	Number of students participated in such activities	Link to the Document
<a href="#">Swachhta Hi Sewa Campaign</a>	NSS Unit I & II in association with ECO CLUB Bishnupur District	Swachh Bharat	30th September 2018	42	<a href="https://skwomenscollege.ac.in/wp-content/uploads/2021/12/Swachhta-Hi-Sewa-Campaign-30-Sept-2018.pdf">https://skwomenscollege.ac.in/wp-content/uploads/2021/12/Swachhta-Hi-Sewa-Campaign-30-Sept-2018.pdf</a>
Matri bhasha Diwas	NSS Unit-I and NSS Unit-II		<b>21<sup>st</sup> February, 2018</b>	57	<a href="https://skwomenscollege.ac.in/wp-content/uploads/2021/08/Matribhasa-Diwas-Feb-2018-.pdf">https://skwomenscollege.ac.in/wp-content/uploads/2021/08/Matribhasa-Diwas-Feb-2018-.pdf</a>
International Women's Day Observation	NSS Unit I & II and IQAC, SKWC		<b>8<sup>th</sup> march 2019</b>	38	<a href="https://skwomenscollege.ac.in/wp-content/uploads/2021/12/International-Womens-Day-8-March-2019.pdf">https://skwomenscollege.ac.in/wp-content/uploads/2021/12/International-Womens-Day-8-March-2019.pdf</a>
<a href="#">One-day Awareness program: Social Change and Women: Parental Dilemma, Influence of ICT in Aculturation</a>	Women's Studies Centre, SKWC in collaboration with Khundrakpam United Club, Khundrakpam, Imphal East	Awareness Programme	16th March, 2019	26	<a href="https://skwomenscollege.ac.in/wp-content/uploads/2021/09/One-day-Awareness-program-WSC-16-March-2019.pdf">https://skwomenscollege.ac.in/wp-content/uploads/2021/09/One-day-Awareness-program-WSC-16-March-2019.pdf</a>

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2019-20

Name of the activity	Organising unit/ agency/ collaborating agency	Name of the scheme	Year of the activity	Number of students participated in such activities	Link to the document
<a href="#">World Environmental Day Observation</a>	NSS Unit-I and NSS Unit-II		5 <sup>th</sup> June, 2019	41	<a href="https://skwomenscollege.ac.in/wp-content/uploads/2021/12/World-Environment-Day-June-2019-PICTORIAL-REPORT.pdf">https://skwomenscollege.ac.in/wp-content/uploads/2021/12/World-Environment-Day-June-2019-PICTORIAL-REPORT.pdf</a>
<a href="#">5th International Day of Yoga Day Observation</a>	NSS Unit-I and NSS Unit-II		21st June 2019	32	<a href="https://skwomenscollege.ac.in/wp-content/uploads/2021/09/5th-International-Day-of-Yoga-Observeance-June-2019.pdf">https://skwomenscollege.ac.in/wp-content/uploads/2021/09/5th-International-Day-of-Yoga-Observeance-June-2019.pdf</a>
<a href="#">Swachhta hi Seva campaign</a>	NSS Unit I and II with Eco Club, Bishnupur district	Swachh Bharat	29th-30th September 2019	45	<a href="https://skwomenscollege.ac.in/wp-content/uploads/2021/12/Swachhta-hi-seva-campaign-29th-30th-September-2019.pdf">https://skwomenscollege.ac.in/wp-content/uploads/2021/12/Swachhta-hi-seva-campaign-29th-30th-September-2019.pdf</a>
<a href="#">International human rights day 2019 cum Workshop on "Basic Human Rights"</a>	Human Rights Studies Centre (sponsored by National Human Rights Commission)		4 <sup>th</sup> January 2020,	20	<a href="https://skwomenscollege.ac.in/wp-content/uploads/2021/12/REPORT-One-day-Training-cum-Workshop-on-Basic-Human-Rights-sponsored-by-National-Human-Rights-Commission.pdf">https://skwomenscollege.ac.in/wp-content/uploads/2021/12/REPORT-One-day-Training-cum-Workshop-on-Basic-Human-Rights-sponsored-by-National-Human-Rights-Commission.pdf</a>
<a href="#">Swachhta Pakhwada</a>	NSS Unit-I and NSS Unit-II	Swachh Bharat	16th -31st January 2020	45	<a href="https://skwomenscollege.ac.in/wp-content/uploads/2021/09/Report-on-Swachhta-">https://skwomenscollege.ac.in/wp-content/uploads/2021/09/Report-on-Swachhta-</a>

					<a href="#">Pakhwada-2020-S.-Kula-Womens-COLlege-Manipur.pdf</a>
<a href="#">Fitness club Activities under Fit India Campaign</a>	Fitness Club, SKWC	Fit India Campaign	February, 2020	54	<a href="https://skwomenscollege.ac.in/wp-content/uploads/2021/12/Fitness-Club-Feb-2020.pdf">https://skwomenscollege.ac.in/wp-content/uploads/2021/12/Fitness-Club-Feb-2020.pdf</a>
Matri bhasha Diwas	NSS Unit-I and NSS Unit-II		<b>21<sup>st</sup> February, 2020</b>	<b>65</b>	<a href="https://skwomenscollege.ac.in/wp-content/uploads/2021/12/CELEBRATION-OF-INTERNATIONAL-MOTHER-LANGUAGE-DAY-Feb-2020.pdf">https://skwomenscollege.ac.in/wp-content/uploads/2021/12/CELEBRATION-OF-INTERNATIONAL-MOTHER-LANGUAGE-DAY-Feb-2020.pdf</a>
Health Check-up Camp	Fitness Club, SKWC	Fit India Campaign	27th February 2020	54	<a href="https://skwomenscollege.ac.in/wp-content/uploads/2021/12/feb-2020-Health-Check-up-by-Fitness-Club.pdf">https://skwomenscollege.ac.in/wp-content/uploads/2021/12/feb-2020-Health-Check-up-by-Fitness-Club.pdf</a>
International Women's Day 2020 " I am Generation Equality: Realizing Women's Rights"	Women's Studies Centre		7-8 March 2020	10	<a href="https://skwomenscollege.ac.in/wp-content/uploads/2021/09/UGC-Sponsored-National-Workshop-on-I-am-Generation-Equality - Realising-Womens-Rights-March-2020.pdf">https://skwomenscollege.ac.in/wp-content/uploads/2021/09/UGC-Sponsored-National-Workshop-on-I-am-Generation-Equality - Realising-Womens-Rights-March-2020.pdf</a>
Social Extension Service, distribution of Mask at the surrounding area of Nambol Bazar, organised by COVID 19 Help Group of Students	COVID 19 Help Group (SKWC NSS Students Volunteers)		16th May 2020	<b>30</b>	<a href="https://skwomenscollege.ac.in/wp-content/uploads/2021/09/SOCIAL-EXTENSION-SERVICE-Mask-Distribution-BY-STUDENTS-MAY-2020.pdf">https://skwomenscollege.ac.in/wp-content/uploads/2021/09/SOCIAL-EXTENSION-SERVICE-Mask-Distribution-BY-STUDENTS-MAY-2020.pdf</a>
<a href="#">6th International Day: Online Yoga Competition held on 21 June 2020</a>			21st June 2020	24	<a href="https://skwomenscollege.ac.in/wp-content/uploads/2021/09/Intl-Yoga-Day-2020.pdf">https://skwomenscollege.ac.in/wp-content/uploads/2021/09/Intl-Yoga-Day-2020.pdf</a>
Webinar on Student Opportunity in National Education policy, 2020	NSS Unit I & II of the SKWC		<b>25th September 2020</b>	<b>16</b>	<a href="https://skwomenscollege.ac.in/wp-content/uploads/2021/09/Students-Opportunity-in-NEP-2020-Pictorial-Report-25-Sept-2020.pdf">https://skwomenscollege.ac.in/wp-content/uploads/2021/09/Students-Opportunity-in-NEP-2020-Pictorial-Report-25-Sept-2020.pdf</a>



<a href="#"><u>Jan Andolan programme</u></a>	Fitness Club and NSS Unit –I & II		14-Oct-20	35	<a href="https://skwomenscollege.ac.in/wp-content/uploads/2021/09/Report-Jan-Andolan-SKWC-Oct-2020.pdf"><u>https://skwomenscollege.ac.in/wp-content/uploads/2021/09/Report-Jan-Andolan-SKWC-Oct-2020.pdf</u></a>
NSS Social Service Post-Lockdown	NSS Unit I & II of the SKWC		8th September 2020	20	<a href="https://www.youtube.com/watch?v=Ni4r4e7MkWY"><u>https://www.youtube.com/watch?v=Ni4r4e7MkWY</u></a>
<a href="#"><u>Constitution Day (Samvidhan Divas)</u></a>	NSS Unit I & II of the SKWC		26th November 2020	5	<a href="https://skwomenscollege.ac.in/wp-content/uploads/2021/08/Report-on-Observeance-of-Constituion-Day-2020.pdf"><u>https://skwomenscollege.ac.in/wp-content/uploads/2021/08/Report-on-Observeance-of-Constituion-Day-2020.pdf</u></a>
<b>HUMAN RIGHTS DAY OBSERVANCE</b>	Human Rights Study Centre		10 <sup>TH</sup> DECEMBER 2020	20	<a href="https://skwomenscollege.ac.in/wp-content/uploads/2021/12/Human-Rights-Day-10-December-2020.pdf"><u>https://skwomenscollege.ac.in/wp-content/uploads/2021/12/Human-Rights-Day-10-December-2020.pdf</u></a>