

**BACHELOR OF ARTS/SCIENCE IN HOME SCIENCE (HONS)
SEMESTER – V**

Paper Code: HS (H) 507P

HS (H) 507: Food Science and Nutrition, Family Resources Management Paper **100 Marks**

1. Preparation of the following 6 Marks

- a) Jams
- b) Sause
- c) Pickles
- d) Squash

2. Planning, Calculation and Preparation of meal (Lunch) 6 Marks

- a) Adolescent girl / boys (16 – 18 years)
- b) Pregnant Women
- c) Lactating Women

3. Preparation and evaluation pf therapeutic adaptations of the normal 6 Marks

- a) Liquid diet
- b) Soft diet
- c) Bland diet

4. Planning, preparation and calculation of the following therapeutic diets with emphasis according to related disorders 6 Marks

- a) High protein
- b) Low protein
- c) high calorie
- d) low calorie
- e) high fibre
- f) low fibre
- g) low fat
- h) high iron

i) low sodium

5. Planning and calculation for the following disorders 6 Marks

a) Gastro intestinal disorders: peptic ulcer, diarrhoea, constipation

b) Liver disorders: jaundice – mild / severe

c) Renal disorders : acute nephritis / acute nephrosis

d) Fever : short and long duration

6. Preparation of a model family budget for a family 6 Marks

7. Problem of consumers – adulteration of food detecting mal – practices in weight and measures.

6 Marks

8. Analysis activities in the house / lab, to study pathway chart, record of time study. 6 Marks

9. Planning of time for college student – weekly, daily 6 Marks

10. Residence stay for one week incorporating principles of resource management, housing and equipment, principles of interior decoration, as the practical with internal and external assessment.

6 Marks

11. Notebook 10 Marks

12. Record and Report Writing 10 Marks

13. Classwork 10 Marks

14. Viva voce 10 Marks