

BACHELOR OF ARTS/SCIENCE IN HOME SCIENCE (HONS)
SEMESTER – I

Paper Code: HS (E) 101 P

HS (E) 101 P : PRACTICAL

25 marks

1. Finding out deficiency symptoms of kwashiorkor, marasmus, beri-beri, goitre, rickets.
4 Marks
2. Simple cooking – preparation, serving and calculation of cost – cereals, pulses, vegetables, fruits, milk, egg, etc.
4 Marks
3. Planning, Calculation and preparation of low cost diet for under nourished groups childhood stage –early and late childhood.
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4 Marks
5. Height – Weight measurement: Record your height and weight and score your general nutritional condition by comparison with standards.
4 Marks
6. Notebook.
3 Marks
7. Viva – Voce
2 Marks
